



# Managing Students Who Self-Injure

Non-suicidal self-injury is an increasingly common behavior among school-aged youth and occurs with regularity. This training will help schools to have well-articulated protocols for detecting, intervening in, and preventing self-injury. Although specific protocols and practices are likely to vary considerably from school to school, this training provides an overview of best practices for detecting and responding to self-injury in school settings.



**Updated Date Thursday,  
October 8, 2015**

Registration: 3:30pm to 4:00pm  
Meeting Time: 4:00pm to 5:30pm

**San Diego County  
Office of Education  
in Room 306  
6401 Linda Vista Road  
San Diego, CA 92111**

**No Registration Fee to attend,  
but on-line Registration is required**  
Materials will be provided.

CEU's may be provided:  
Provider approved by the California  
Board of Registered Nursing, Provider  
Number 13742 for 1.5 contact hours

For additional information, please contact Jeanne  
Salvadori at 858-569-5300, School Nurse Project Specialist  
- Student Attendance, Safety & Well-Being  
858-569-5300 or email: [jsalvadori@sdcoe.net](mailto:jsalvadori@sdcoe.net).

## Who Should Attend:

- School nurses, social workers, counselors, psychologists, and others interested in increasing awareness and knowledge of issues related to adolescent well-being.

## Participants will learn about:

- **Self Injury in the Schools**, presented by Dr. Laura Dorko Mueller of the Poway Unified School District, whose doctoral studies were focused on self-injury response and interventions for educators and resulted in the creation of the website: [www.EducatorsAndSelfInjury.com](http://www.EducatorsAndSelfInjury.com). Dr. Laura Dorko Mueller and her daughter will share a joint presentation, which includes her daughter's personal experience with self-injury and what educators can do to best respond to this phenomenon in our schools.

## Workshop Objectives:

- ❖ Participants will have a basic understanding of the phenomenon of self-injury
- ❖ Participants will understand self-injury etiology
- ❖ Participants will have knowledge of current interventions and resources for non-suicidal self-injury
- ❖ Participants will learn about the website [EducatorsAndSelfInjury.com](http://EducatorsAndSelfInjury.com) and will learn to use the downloadable self-injury response forms.

Content from this training supports Local Control Accountability Plan  
Priority Area: Student Engagement

**Please visit our Web Site: [SDCOE – Student Support Services](http://SDCOE-StudentSupportServices)**

## REGISTRATION INFORMATION

Deadline to Register: Monday, October 5, 2015

**<http://sdcoe.k12oms.org/918-103354>**

*Registration is required.*

Participants may be photographed for use in promotional and/or news materials.

